

Community News

May is in full bloom at The James, bringing fresh energy and bright days to our Downtown San Jose community. This month is all about enjoying the sunshine, catching up with neighbors, and leaning into the breezy, relaxed vibes of the season. Let's make the most of every spring moment together!

May Resident Events

May 22 — May Day Poolside

MAYDAY, MAYDAY! Calling All Residents!

Ready for an unforgettable Friday getaway without leaving home? Join us at The James clubhouse on **May 22nd from 5-7 PM** for an evening of relaxation and community. We'll be serving up plenty of delicious food and refreshing drinks while you enjoy the stunning poolside views and the natural tranquility of our space. It's the perfect way to kick off your weekend with neighbors and friends. We can't wait to see you there for this exclusive social event!

[Stay in the Loop w/ Our Events!](#)



Thanks For Joining Last Month

Spring Brunch

Spring brunch at The James

Grateful for our residents who always show up with such positive, thoughtful energy. It's moments like these that make our community feel truly special.

[PLAY BACK THE FUN!](#)

Raffle Winner #1



SPIN THE WHEEL!

The wait is over! Click below to see if you are the lucky winner!

AND THE WINNER IS.....

Raffle Winner #2



SPIN THE WHEEL!

The wait is over! Click below to see if you are the lucky winner!

AND THE WINNER IS.....

Local Feature

May in the Heart of San Jose



Living at The James means front-row access to the city's spring energy. Step out of the office and into the community with these May highlights:

Viva CalleSJ (May 17): Miles of city streets close to cars and open for you to bike, skate, or stroll! Enjoy live music, food trucks, and a fresh perspective on our local neighborhoods. Check out their interactive Mapbox route to plan your path.

San Jose Jazz Kickoff May 22-25 (Memorial Day Weekend): The "pre-season" vibes start now! Keep an ear out for "Jazz Around Town" pop-up performances at San Pedro Square Market and Plaza de César Chávez—the perfect way to transition from your final meeting to a relaxed evening.



Pro-Tip: For a quieter reset, visit the San Jose Municipal Rose Garden. With thousands of roses in full bloom, it's the ideal spot for an "Airplane Mode" walk to ground your nervous system.

Whether you're cycling through the streets or enjoying live music, May is all about reconnecting with the vibrant pulse of San Jose.

[Get The Full May Lineup!](#)

What They're Saying

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"The James is a fantastic apartment complex! Anyone would be lucky to live here with such a caring staff and exceptional infrastructure! From gorgeous outdoor spaces with art to well maintained glamorous indoor spaces! Loved my time here and hope to return! The location is perfect as well, in a quiet part of downtown and across from the park! Can't suggest the James enough!! "

[Share The Love!](#)

*This is just a sample of our reviews.

Live Well

Mental Health Awareness Month

Protecting Your Peace

In the heart of Downtown San Jose, life moves fast. This Mental Health Awareness Month, we're focusing on the importance of "protecting your peace"—finding gentle, quiet moments to allow your nervous system to truly rest and recalibrate.

Try these simple resets to reclaim your headspace this month:

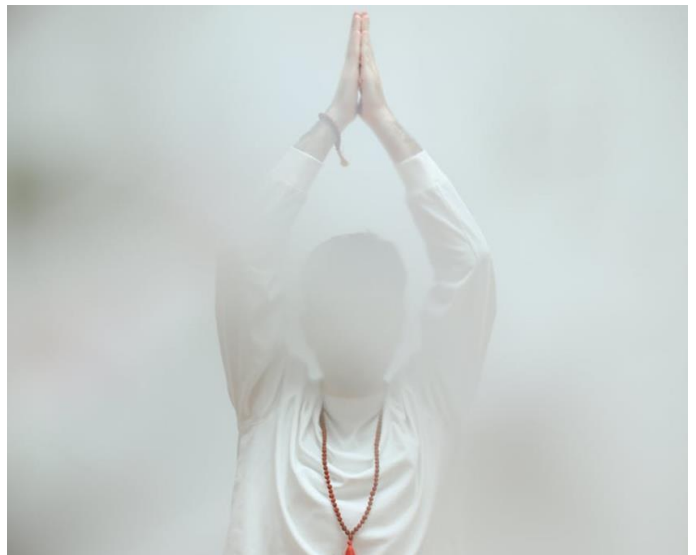
The "Airplane Mode" Observer: Next time you're out for a walk, switch to Airplane Mode. Use your camera to capture the play of light on the city or local greenery. It's a soft way to ground yourself in the physical world without the disruption of a notification.

A Gentle Morning Buffer: Before the digital world asks anything of you, give yourself a 10-minute "offline" window. Enjoying a quiet coffee on your balcony before syncing your day helps protect your nervous system from immediate morning stress.

The Power of the Analog Hour: Dedicate a small block of time each evening to something low-tech. Swap the blue light for a physical book, a handwritten journal, or a slow stroll. Letting the digital noise fade allows your mind the space it needs to truly decompress.

In a city that never stops moving, remember that choosing stillness is a powerful way to care for yourself. This month, we invite you to find your own version of a reset and lean into the quiet.

[A Calm Place](#)



Good Friends Make Great Neighbors

Do you know someone looking for a new home? Forward this newsletter and tell them about The James! **Refer friends and family and get up to \$350 off next month's rent.**

FOLLOW THE JAMES ON:

